

## NEWSLETTER

Welcome to our quarterly newsletter, which is designed to keep you informed on matters related to health. With every issue, we will provide valuable insights and updates on our services.



### ***Don't Forget Your Annual Medication Review***

If you're on regular medication, it's crucial to schedule an annual medication review.

Certain medications require regular monitoring to ensure safe prescribing practices.

Additionally, this is a valuable occasion to confirm that we're providing you with the best possible care. Please arrange an appointment with your GP.

### ***Breast Screening Eligibility: Have You Registered?***

If you're between the ages of 50 and 69 and haven't undergone breast screening, you may be eligible. Keep in mind that you won't be contacted automatically, so you'll need to sign up.

You can register online or call 01534 443790 to make an appointment.

If you are concerned about any symptoms you may be having, please make an appointment with a GP.





### ***Unsure if you need travel vaccinations for an upcoming trip?***

Discover our Travel Clinics for Professional Health and Safety Recommendations.

Are you planning a trip and want to ensure your safety and health while away? Look no further than our Travel Clinics, where you'll receive expert advice and guidance.

To get started, simply fill out our travel questionnaire (collect from reception or can be emailed) and set up an appointment.

We recommend booking at least 8 weeks before travel.



*We are open to receiving any  
feedback or suggestions.*

[Click here if you would you like to give us any  
feedback?](#)

### **Need to see a doctor out of hours ?**

JDOC provides cover when  
the surgery is closed and  
can be contacted on 01534  
445445

[For more information on  
opening times and fees,  
click here](#)



### **Contact Us**



**01534 833833**

Thank you for reading our newsletter.